

August 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
2OZ WG BANANA MUFFIN 1/2 CUP YOGURT CUP 4OZ APPLE JUICE 1 CUP FRESH ALT FRUIT 8OZ MILK	2OZ WG ENGLISH MUFFIN 1OZ EGG PATTY WITH 1OZ CHEESE 4OZ FRUIT PUNCH 1 CUP WHOLE APPLE 8OZ MILK	2OZ WG CROISSANT/BUTTER 1 HARD BOILED EGG 4OZ APPLE JUICE 1 CUP FRESH ORANGE 8OZ MILK	1OZ RAISIN BRAN CEREAL 1OZ CHEESE/1 SLICE WG BREAD/BUTTER 4OZ GRAPE JUICE 1 CUP APPLESAUCE 8OZ MILK	2OZ WG WAFFLES W/SYRUP 2OZ TURKEY SAUSAGE 4OZ FRUIT PUNCH 1 CUP FRUIT CUP 8OZ MILK
10	11	12	13	14
2OZ WG BAGEL W/BUTTER & JELLY 1OZ CHEESE 4OZ FRUIT PUNCH 1 CUP FRESH ORANGE 8OZ MILK	2OZ WG FRENCH TOAST W/SYRUP 2OZ TURKEY SAUSAGE 4OZ GRAPE JUICE 1 CUP FRUIT CUP 8OZ MILK	1OZ CHERRIOS CEREAL 1OZ CHEESE/1 SLICE WG BREAD/BUTTER 4OZ FRUIT PUNCH 1 CUP APPLESAUCE 8OZ MILK	2OZ WG APPLE CINNAMON MUFFIN 1OZ STRING CHEESE 4OZ GRAPE JUICE 1 CUP FRESH ORANGE 8OZ MILK	8OZ FRUITED OATMEAL 2OZ TURKEY SAUSAGE 4OZ APPLE JUICE 1 CUP FRUIT CUP 8OZ MILK
17	18	19	20	21
2OZ WG ENGLISH MUFFIN W/BUTTER & JELLY 1OZ STRING CHEESE 4OZ GRAPE JUICE 1 CUP FRESH ORANGE 8OZ MILK	2OZ WG CROISSANT 1OZ EGG PATTY WITH 1OZ CHEESE 4OZ APPLE JUICE 1 CUP APPLESAUCE 8OZ MILK	1OZ RAISIN BRAN CEREAL 1OZ CHEESE/1 SLICE WG BREAD/BUTTER 4OZ GRAPE JUICE 1 CUP FRUIT CUP 8OZ MILK	2OZ WG BANANA MUFFIN 1/2 CUP YOGURT CUP 4OZ APPLE JUICE 1 CUP FRESH APPLE 8OZ MILK	8OZ CINNAMON OATMEAL 2OZ TURKEY SAUSAGE 4OZ GRAPE JUICE 1 CUP APPLESAUCE 8OZ MILK
24	25	26	27	28
1OZ CHERRIOS CEREAL 1OZ CHEESE/1 SLICE WG BREAD/BUTTER 4OZ FRUIT PUNCH 1 CUP FRUIT CUP 8OZ MILK	3OZ VEGGIE TURKEY SAUSAGE 1 OZ WG QUICHE CRUST 1 SLICE WG BREAD/BUTTER 4OZ FRUIT PUNCH 1 CUP FRESH APPLE 8OZ MILK	2OZ WG APPLE CINNAMON MUFFIN 1OZ HARD BOILED EGG 4OZ APPLE CRANBERRY JUICE 1 CUP FRESH ORANGE 8OZ MILK	2OZ WG BAGEL W/BUTTER & JELLY 1OZ CHEESE 4OZ FRUIT PUNCH 1 CUP APPLESAUCE 8OZ MILK	2OZ WG FRENCH TOAST W/SYRUP 2OZ TURKEY SAUSAGE 4OZ GRAPE JUICE 1 CUP FRUIT CUP 8OZ MILK
31				
1OZ CHERRIOS CEREAL 1OZ CHEESE/1 SLICE WG BREAD/BUTTER 4OZ FRUIT PUNCH 1 CUP APPLESAUCE 8OZ MILK				

August 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
1OZ WG GRAHAM CRACKERS 1/2 CUP COTTAGE CHEESE	1/2 CUP EGG SALAD 2OZ WHOLE GRAIN ROLL	1OZ CHEESE CUBES 1/2 CUP SLICED CUCUMBER	2OZ WG BANANA MUFFIN 1/2 CUP APPLESAUCE	1/2 CUP YOGURT CUP 1OZ WG GRANOLA
10	11	12	13	14
1OZ CHEESE CUBES 1/2 CUP SLICED CUCUMBER	1OZ WG GRAHAM GRACKERS 1/2 CUP YOGURT CUP	2OZ WG BLUEBERRY MUFFIN 1OZ CHEESE	1OZ WG CRACKERS 1/2 CUP CHEESE CUBES	2OZ WG APPLE CINNAMON MUFFIN 1OZ CHEESE
17	18	19	20	21
1.5OZ PEANUT BUTTER 1/2 CUP WHOLE GRAIN CRACKERS	1/2 CUP YOGURT CUP 1OZ WG GRANOLA	1OZ WG GRAHAM CRACKERS 1/2 CUP COTTAGE CHEESE	1/2 CUP EGG SALAD 2OZ WHOLE GRAIN ROLL	1OZ RAISIN BRAN 8OZ MILK
24	25	26	27	28
2OZ WG BANANA MUFFIN 1/2 CUP APPLESAUCE	1/2 CUP COTTAGE CHEESE 1/2 CUP FRUIT CUP	2OZ WG APPLE CINNAMON MUFFIN 1OZ CHEESE	1/2 CUP YOGURT CUP 1OZ WG GRANOLA	1OZ CHEESE CUBES 1/2 CUP SLICED CUCUMBER
31				
1/2 CUP YOGURT CUP 1OZ WG GRANOLA				

August 2026						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2 30Z BBQ CHEDDAR CHICKEN WRAP 20Z WG FLOUR TORTILLA 1 CUP COLESLAW 1/2 CUP APPLESAUCE 8OZ MILK V. BBQ TOFU WRAP	3 50Z FARMHOUSE EGG SALAD 20Z WHOLE GRAIN CROISSANT 2 CUPS GARDEN SALAD 1/2 CUP FRUIT CUP 8OZ MILK V. FARMHOUSE EGG SALAD	4 50Z CHICKEN SALAD 20Z SLICED WG BREAD 1 CUP BEAN SALAD FRESH ORANGE 8OZ MILK V. CHICKPEA SALAD	5 30Z/10Z TURKEY CHEESE WRAP 20Z MAYO/WG FLOUR TORTILLA 1 CUP CARROT SALAD FRESH APPLE 8OZ MILK V. TOFU CHEESE WRAP	6 30Z GRILLED CHICKEN 1 CUP TURKEY BLT WG PASTA SALAD 2 CUP GARDEN SALAD 1/2 CUP APPLESAUCE 8OZ MILK V. TOFU PASTA SALAD	7 40Z TUNA SALAD SANDWICH 20Z WHOLE GRAIN BUN 1 CUP LENTIL SALAD 1/2 CUP FRUIT CUP 8OZ MILK V. CHICKPEA SALAD SANDWICH	8 40Z WALDORF CHICKEN SALAD 20Z WG CROISSANT 2 CUPS GARDEN SALAD FRESH ORANGE 8OZ MILK V. WALDORF CHICKPEA SALAD
9 30Z TURKEY SWISS WRAP W/ MAYO & WG FLOUR TORTILLA 1 CUP COLESLAW FRESH APPLE 8OZ MILK V. TOFU SWISS WRAP	10 40Z CURRIED CHICKEN SALAD SANDWICH 20Z WG PITA BREAD 2 CUPS GARDEN SALAD 1/2 CUP APPLESAUCE 8OZ MILK V. CURRIED CHICKPEA SALAD	11 50Z CREAMY EGG PASTA SALAD 20Z WG PASTA 1 CUP CARROT SALAD 1/2 CUP FRUIT CUP 8OZ MILK V. CREAMY EGG SALAD	12 30Z/10Z TURKEY PROVOLONE SANDWICH 20Z WG BUN W/MAYO 1 CUP VEGGIE BEAN SALAD FRESH ORANGE 8OZ MILK V. TOFU PROVOLONE	13 30Z RANCH CHICKEN WRAP 20Z WG FLOUR TORTILLA 2 CUPS GARDEN SALAD 1/2 CUP APPLESAUCE 8OZ MILK V. RANCH TOFU WRAP	14 30Z TURKEY BOLOGNA W/ L&T 20Z WG SLICED BREAD W/MAYO 1 CUP LENTIL SALAD FRESH APPLE 8OZ MILK V. TOFU SANDWICH	15 40Z DEVILED EGG PASTA SALAD 20Z WG MACARONI 1 CUP COLE SLAW 1/ CUP FRUIT CUP 8OZ MILK V. EGG PASTA SALAD
16 30Z ITALIAN TURKEY SANDWICH 20Z WG BUN W/ MAYO 2 CUPS GARDEN SALAD FRESH APPLE 8OZ MILK V. TOFU SANDWICH	17 40Z CHICKEN SALAD SANDWICH 20Z WG ENGLISH MUFFIN 1 CUP CARROT SALAD FRESH ORANGE 8OZ MILK V. CHICKPEA SALAD SANDWICH	18 60Z SEAFOOD PASTA SALAD 20Z WG MACARONI PASTA 2 CUPS GARDEN SALAD 1/2 CUP APPLESAUCE 8OZ MILK V. TOFU PASTA SALAD	19 30Z 3 MEAT ITALIAN SANDWICH 20Z MAYO/WG ROLL 1 CUP LENTIL SALAD 1/2 CUP FRUIT CUP 8OZ MILK V. TOFU SANDWICH	20 30Z BBQ CHICKEN WRAP 20Z WG FLOUR TORTILLA 1 CUP COLESLAW FRESH ORANGE 8OZ MILK V. BBQ TOFU WRAP	21 40Z TUNA SALAD SANDWICH 20Z WG SLICED BREAD 1 CUP BEAN SALAD 1/2 CUP FRUIT CUP 8OZ MILK V. CHICKPEA SALAD SANDWICH	22 30Z GRILLED CHICKEN 1 CUP THAI QUINOA SALAD 1 CUP CARROT SALAD 1/2 CUP APPLESAUCE 8OZ MILK V. TOFU QUINOA SALAD
23 30Z/WOZ TURKEY SWISS WRAP 20Z W/ MAYO & WG FLOUR TORTILLA 1 CUP CARROT SALAD FRESH ORANGE 8OZ MILK V. TOFU WRAP	24 30Z GRILLED CHICKEN 1 CUP WG CAESAR PASTA SALAD 2 CUPS GARDEN SALAD 1/2 CUP APPLESAUCE 8OZ MILK V. TOFU PASTA SALAD	25 50Z EGG SALAD SANDWICH 20Z WHOLE GRAIN ENGLISH MUFFIN 1 CUP BEAN SALAD 1/2 CUP FRUIT CUP 8OZ MILK V/ EGG SALAD SANDWICH	26 50Z SEAFOOD SALAD 20Z WG SUB ROLL 1 CUP COLESLAW 1/2 CUP FRUIT CUP 8OZ MILK V. CHICKPEA SALAD SANDWICH	27 30Z THAI CHICKEN 1 CUP PEANUT SESAME PASTA SALAD 1 CUP CARROT SALAD FRESH APPLE 8OZ MILK V. THAI TOFU PASTA	28 60Z VEGGIE TUNA SALAD 20Z WG PASTA 1 CUP BEAN SALAD 1/2 CUP FRUIT CUP 8OZ MILK V. VEGGIE CHICKPEA	29 50Z LEMON PECAN CHICKEN SALAD 20Z WG PITA BREAD 2 CUPS GARDEN SALAD 1/2 CUP APPLESAUCE 8OZ MILK V. LEMON TOFU SALAD
30 THOUSAND ISLAND CHICKEN WRAP 20Z WG FLOUR TORTILLA 1 CUP CARROT SALAD 1/2 CUP FRUIT CUP 8OZ MILK V. THOUSAND ISLAND TOFU	31 30Z TURKEY ITALIAN PASTA SALAD 1 CUP WG MACARONI PASTA 1 CUP BEAN SALAD 1/2 CUP APPLESAUCE 8OZ MILK V. BEAN PASTA SALAD		-			

August 2026						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2	3	4	5	6	7	8
3OZ SHRIMP & CHICKEN GUMBO 1/2 CUP WHITE RICE 1 CUP SAUTEED SPINACH 2OZ WG CORNBREAD W/ BUTTER APPLE 8OZ MILK V. TOFU & BEAN GUMBO	3OZ CHICKEN PICCATA 1/2 CUP MASHED POTATOES 1 CUP GREEN BEANS 2OZ WG CORNBREAD W/ BUTTER ORANGE 8OZ MILK V. TOFU PICCATA	3OZ LEMON PEPPER FLOUNDER 1 CUP BROWN RICE PILAF 1 CUP SAUTEED SPINACH 1OZ WG DINNER ROLL W/ BUTTER 1/2 CUP FRUIT CUP 8OZ MILK V. LEMON PEPPER TOFU	3OZ CREAMY BEEF STROGANOFF 1 CUP WG EGG NOODLES 1 CUP GREEN BEANS, PEAS, & CARROTS 1OZ WG DINNER ROLL W/ BUTTER 1/2 CUP APPLESAUCE 8OZ MILK V. MEATLESS STROGANOFF	3OZ TURKEY ENCHILADA BOWL 1 CUP QUINOA & BLACK BEANS 1 CUP GREEN PEPPERS, ONIONS 1OZ WG DINNER ROLL W/BUTTER 1/2 CUP FRUIT CUP 8OZ MILK V. BEAN & CHEESE ENCHILADA BOWL	3OZ CHICKEN ALFREDO 1 CUP WG PASTA/PARMESAN 1 CUP SAUTEED SPINACH 1OZ WG DINNER ROLL W/ BUTTER APPLE 8OZ MILK V. 'CHICKEN' ALFREDO	3OZ TURKEY BURGER 1OZ CHEESE/KETCHUP/MUSTARD 1 CUP ROASTED VEGETABLES 2OZ WG BURGER BUN 1/2 CUP FRUIT CUP 8OZ MILK V. VEGGIE BURGER
9	10	11	12	13	14	15
3OZ CREAMY TUSCAN CHICKEN 1 CUP WG PASTA 1 CUP GREEN BEANS 1OZ WG DINNER ROLL/BUTTER 1/2 CUP APPLESAUCE 8OZ MILK V. CREAMY TUSCAN TOFU	2.5OZ BAKED SALMON 1 CUP RICE 1 CUP VEGETABLE BLEND 2OZ WG CORNBREAD W/BUTTER ORANGE 8OZ MILK V. BAKED TOFU	3OZ TURKEY SHEPHERD'S PIE 1/2 CUP MASHED POTATO 1 CUP SAUTEED SPINACH 2OZ WG CORNBREAD W/ BUTTER 1/2 CUP FRUIT CUP 8OZ MILK V. MEATLESS SHEPHERD'S PIE	3OZ CHICKEN WITH ASIAN SAUCE 1 CUP BROWN FRIED RICE 1 CUP STIR FRY VEGETABLES W/ PEAS 1OZ WG DINNER ROLL W/ BUTTER 1/2 CUP FRUIT CUP 8OZ MILK V. TOFU WITH ASIAN SAUCE	3OZ BEEF CHILI W/CHEESE & SOUR CREAM 1 CUP BROWN RICE & BLACK BEANS 1 CUP GREEN PEPPERS, ONIONS 2OZ WG CORNBREAD W/ BUTTER 1/2 CUP APPLESAUCE 8OZ MILK V. THREE BEAN CHILI	3OZ CAJUN CHICKEN PASTA 1 CUP WG PASTA 1 CUP SAUTEED SPINACH 1OZ WG DINNER ROLL W/ BUTTER ORANGE 8OZ MILK V. CAJUN 'CHICKEN' PASTA	3OZ BEEF BURGER 1OZ CHEESE/KETCHUP/MUSTARD 1 CUP VEGETABLE BLEND 2OZ WG BURGER BUN APPLE 8OZ MILK V. VEGGIE BURGER
16	17	18	19	20	21	22
3OZ ORANGE CHICKEN 1 CUP BROWN FRIED RICE 1 CUP STIR FRY VEGETABLES 1OZ WG DINNER ROLL/BUTTER 1/2 CUP FRUIT CUP 8OZ MILK V. ORANGE TOFU	3OZ SHRIMP & CHICKEN JAMBALAYA 1 CUP BROWN RICE 1 CUP GREEN PEPPERS, ONIONS 1OZ WG DINNER ROLL/BUTTER APPLE 8OZ MILK V. THREE BEAN JAMBALAYA	3OZ BEEF MEATBALLS & PUTTANESCA SAUCE 1 CUP WG PASTA 1 CUP VEGETABLE BLEND 1OZ WG DINNER ROLL W/ BUTTER 1/2 CUP APPLESAUCE 8OZ MILK V. VEGGIE MEATBALLS	3OZ SWEET & SOUR CHICKEN 1 CUP BROWN FRIED RICE 1 CUP STIR FRY VEGETABLES W/ PEAS 1OZ WG DINNER ROLL W/ BUTTER 1/2 CUP FRUIT CUP 8OZ MILK V. SWEET & SOUR TOFU	3OZ TURKEY MEATLOAF W/ GRAVY 1/2 CUP PARMESAN MASHED POTATOES 1 CUP SAUTEED SPINACH & CARROTS 2OZ WG CORNBREAD L W/ BUTTER 1/2 CUP FRUIT CUP 8OZ MILK V. VEGGIE MEATLOAF	3OZ THREE BEAN TURKEY CHILI 1 CUP BROWN RICE 1 CUP PEPPERS & ONIONS 1OZ WG DINNER ROLL W/BUTTER FRESH ORANGE 8OZ MILK V. THREE BEAN CHILI W/CHEESE	3 OZ CREAMY DILL CHICKEN 2 OZ ROASTED POTATOES 1 CUP SAUTEED GREEN BEANS 2 OZ WG CORNBREAD W/BUTTER 1/2 CUP FRUIT CUP 8OZ MILK V. CREAMY DILL TOFU
23	24	25	26	27	28	29
3OZ HOISIN CHICKEN 1 CUP BROWN FRIED RICE 1 CUP STIR FRY VEGETABLES 1OZ WG DINNER ROLL/BUTTER 1/2 CUP APPLESAUCE 8OZ MILK V. HOISIN TOFU	3OZ MIDDLE EASTERN BEEF PITA 1/2 CUP LENTIL SALAD 1 CUP VEGETABLE BLEND 2OZ WG PITA BREAD APPLE 8OZ MILK V. MEATLESS PITA	3OZ FLOUNDER W/ LEMON SAUCE 1 CUP WG PASTA 1 CUP GREEN BEANS & CARROTS 1OZ WG DINNER ROLL W/ BUTTER 1/2 CUP FRUIT CUP 8OZ MILK V. TOFU WITH LEMON SAUCE	3OZ TURKEY TACOS 1 CUP SPANISH RICE/BLACKBEANS 1 CUP GREEN PEPPERS & ONIONS 2OZ WG FLOUR TORTILLAS 1/2 CUP FRUIT CUP 8OZ MILK V. MEATLESS TACOS	3OZ CHICKEN W/CREAMY CORN SAUCE 1/2 CUP MASHED POTATOES 1 CUP SAUTEED SPINACH 2OZ WG CORNBREAD W/ BUTTER APPLE 8OZ MILK V. TOFU WITH CORN SAUCE	3OZ TURKEY SLOPPY JOE SANDWICH 1 CUP CREAMY COLESLAW 2OZ WG BUN 1/2 CUP FRUIT CUP 8OZ MILK V. MEATLESS SLOPPY JOE	3OZ SALISBURY STEAK 1/2 CUP MASHED POTATOES 1 CUP MIXED VEGETABLES 2OZ WG CORNBREAD/BUTTER ORANGE 8OZ MILK V. SALISBURY TOFU
30	31					
3OZ TURKEY BOLOGNESE 1 CUP WG PASTA 1 CUP SAUTEED SPINACH 1OZ WG DINNER ROLL W/ BUTTER APPLE 8OZ MILK V. TOFU BOLOGNESE	3OZ CHICKEN PARMESAN 1 CUP WG PASTA 1 CUP MIXED VEGETABLES 1OZ WG DINNER ROLL W/ BUTTER ORANGE MILK V. TOFU PARMESAN					